

For the Week of:

October 4 -  
October 10, 2007

ISSUE #309

Weekly  
Community  
Magazine

- Priceless -

# Here's the Scoop

## No News is "Good" News!

Produced and distributed by ADvance Distribution this week to over 14,000 homes and businesses in Airdrie and surrounding areas. Reach us at [Heresthescoop@shaw.ca](mailto:Heresthescoop@shaw.ca) or call 948-5529

### HAS ANYONE SEEN BERT?

Written By Al Jones

As teens, we can hardly wait to grow up and leave the nest. It's not for lack of love for our parents, but a yearning for independence and freedom. We find ourselves frustrated by being under their ever watchful eye.

As the years go by, we become our parents age and our parents are older yet. It is often at this point of our lives that we consider moving closer to our parents or having our parents move closer to us. Indeed, some even have their parents move in with them. Not because we need them to take care of us, but because we have a yearning to keep an eye on them. It's kind of funny how we become what we once tried to avoid.

A few weeks back, my brother-in-law called my wife. "Have you talked to Dad lately?" he asked. My wife replies that she had spoken to him the day before. "Is he feeling alright?" he asks. My wife says that he sounded fine and asks why he's questioning their father's well being. "I've phoned him several times today, and each time, he answers, but he's coughing and it sounds like he can't get his breath, and then he hangs up". My wife tells him to hang up so that she can try. Again, all there is, is coughing and he doesn't speak.

Now Bert, my father-in-law, lives three thousand miles away in Ontario. Needless to say, my wife is feeling helpless. Fearing the worst, she calls a family friend and asks if they can go by the house and check on him. The family friend calls back ten minutes later. Bert is nowhere to be found, and his car is missing. Now Bert is an independent man in his own right, so my wife figures that he has tried to drive himself to the hospital. She calls another friend to check every hospital in the Ottawa Valley.....he hasn't checked in. Next she calls the police. Now she has them combing the highways, looking for his vehicle.

Now keep in mind folks.....by now, she has about twenty or so good folks of the Ottawa Valley looking for Bert. In the meantime, the family friend has decided to call the house to make sure we weren't calling a wrong number. Bert answers, "Hello". "Where are you?" asks our friend. "I'm at home, just got back from an appointment for my hearing aid," he answers matter-of-factly.

(Continued on page 2)

### Treasure Cove Collectables

805 Eastlake Blvd., Airdrie 948-3214 Email: [quongw@telus.net](mailto:quongw@telus.net)

#### 2008 HOCKEY CARDS NOW IN STOCK

#### NEW POKEMON & YUGIOH TINS

All your card supplies available

#### COME SEE OUR WIDE SELECTION OF PRODUCTS!

BUY — SELL — TRADE — APPRAISALS — CONSIGNMENT

### STOP SMOKING FOREVER!

### Change Eating Habits for LIFE!

We can help you achieve your goal.

**GIFT CERTIFICATES NOW AVAILABLE!!**

[www.spiritualfriendshypnotherapy.ca](http://www.spiritualfriendshypnotherapy.ca) E-mail: [sf\\_hypnotherapy@shaw.ca](mailto:sf_hypnotherapy@shaw.ca)

Spiritual Friends

Certified Master Hypnotherapist

### HYPNOTHERAPY

Call (403) 912-7538

IMDHA Member  
Member of the  
Alberta Society of  
Hypnotherapists

### All-Fitts Auto

Your West Side Service Centre

BRETT FITT  
Owner

948-1825

108 - 1st Street N. Airdrie, Alberta Canada T4B 2B7

[allfittsauto@hotmail.com](mailto:allfittsauto@hotmail.com)

**5**  
**FIVE STAR MOVIES**  
Your Neighbourhood Video Store

**DRIVE BY DROP BOX!** Return Time is Now 9 p.m.!

**WE DELIVER!**  
[www.5starformovies.com](http://www.5starformovies.com)

Sun.-Thurs. 11am - 10pm Fri. & Sat. 10am - 11pm

**3 DVD's \$19.99**  
**PLUS! WIN NINTENDO Wii SYSTEM!**  
(Limited Time Offer)

**106, 960 Yankee Valley Rd, Airdrie (by McDonald's & Extra Foods) 948-6708**

**ROYAL LEPAGE**  
**FOOTHILLS**

Independently Owned and Operated

124 1st Ave NE Box 3865  
Airdrie, AB T4B 2B9

Cell: (403) 560-7436  
Bus: (403) 948-5155  
Fax: (403) 948-7614

**Sandy Stowards**  
Real Estate Agent

Email: [saanlar@telus.net](mailto:saanlar@telus.net)

## Fall Freezer Pak

- 10 LB. Beef Roasts
- 10 LB. Sirloin Steaks
- 10 LB. Lean Ground Beef
- 5 LB. Stew Beef
- 5 LB. Fresh Frying Sausage
- 10 LB. Pork Roasts
- 10 LB. Pork Chops
- 5 LB. Pork Spareribs
- 5 LB. Pork Cutlets
- 5 LB. Sliced Bacon
- 10 LB. Free Range Chickens
- 5 LB. Boneless Skinless Chicken Breast
- 5 LB. Ground Turkey Thigh
- 5 LB. Boneless Salmon Fillet

**100 LB Pak \$419.<sup>00</sup>**  
Save \$60.<sup>00</sup>



**948-9572**

**705 Main Street Airdrie**

**T-Bone Steak \$ 7.<sup>99</sup> LB**  
**Chicken Breast \$ 6.<sup>49</sup> LB**  
10 LB Bag Wrapped 2 per Pkg! Fresh Boneless Skinless

**Deli Special**  
Homemade Hot Dogs  
\$.79 ¢/100g

**Deli Special**  
Black Forest Ham  
\$ 1.49 /100g

**Lean Ground Beef \$ 2.<sup>49</sup> LB**

Wrapped in 1 LB Pkg in 10 LB Bag

**Baron of Beef Roast \$ 3.<sup>99</sup> LB**  
Extra Lean Quality

**Salmon Burgers \$ 4.<sup>99</sup> LB**  
Homemade All-Natural

**Deli Special**  
Chicken Cordon Blue  
\$ 1.79 /100g

**Pork Chops \$ 2.<sup>69</sup> LB**

Family Pak or 10 LB Bag

**Deli Special**  
Potato Salad  
.89 ¢/100g

**Naturally The Best Meat**

*"If the only prayer  
you said in your  
whole life was,  
"thank you," that  
would suffice."*

*- Meister Eckhart*

## G.B.'s Carpentry & Painting Services



**Interior & Exterior Painting**



**Specialize in Design & Basement Developments**

**Licensed / Bondable**

*Call George*  
**Cell: (403) 801-8943**

## HAS ANYONE SEEN BERT?

*Written by Al Jones, continued from front page*

"Well, hang up and don't answer the phone when I call back," she orders him. She dials his number again. When the phone picks up, all she can hear is coughing and gasping.

Bert is one of the handiest guys I know folks. When he comes for a visit, my wife literally hands him a list of things around the house to fix. My sister-in-law does the same, and I'm pretty sure my brother-in-law uses his talents as well. If it's building something, repairing something or patching something, Bert's your man. Technological devices are another thing though. If you need to set up a computer, he's not the right man. If it's something like say, an answering machine, He's definitely not your man.

Last Fathers Day, my wife bought Bert an answering machine. It came with the usual canned message that says "We can't come to the phone right now...please leave a message". It seems that recently, Bert wanted to personalize it. So he tried recording his own message. However, when he went to start recording his message, he had a coughing fit. He abandoned the task of recording his own greeting, but the answering machine had recorded his coughing fit as his greeting.

I wasn't home when this was all happening, but according to those that were, Bert had a good laugh at my wife's expense. My wife had mixed emotions. On one hand, she wanted to reach through the phone and smack him one for worrying her so. On the other hand, I know she was thanking her Maker that he was alright. And I'm sure if Bert was here, she would have given him a big hug out of relief of knowing he was alright.

So for next Fathers Day, I'm thinking my wife should get him something like tools or coveralls. Perhaps a plane ticket to come for a visit. I'd suggest a cell phone so that she could keep closer tabs on him, but I'd opt out of any plan that includes voice mail.....chuckle.

*A full-grown  
turkey has  
approximately  
3500 feathers -  
the last time  
I counted.*

## *A Fine Balance Health Care* **Acupuncture & Chinese Medicine**

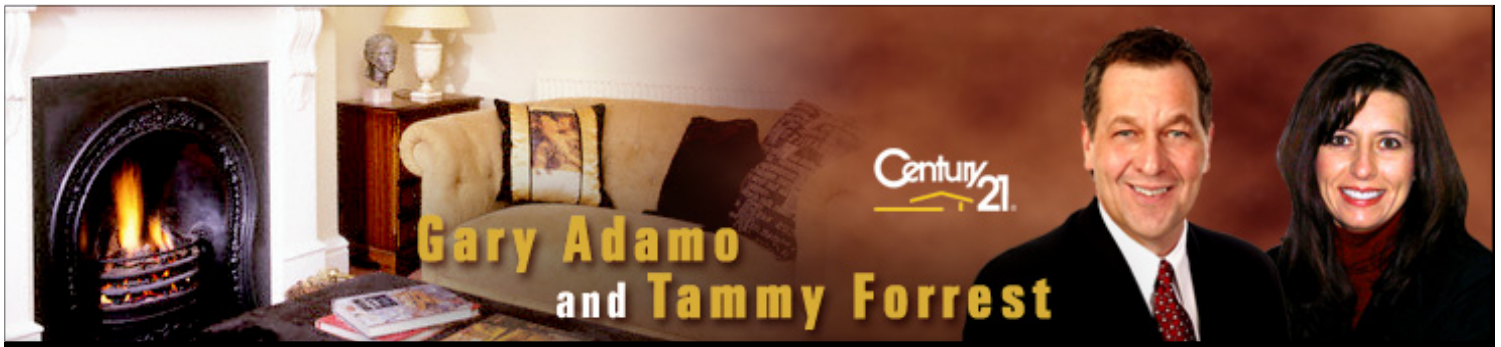
Successful treatment for:

**\*Back Pain \*Neck Pain \*Headaches  
\*Menopause \*Weight Loss \*Sleep  
\*Allergies \*Digestion \*Smoking Addiction**

Stacey Edwards R.Ac.  
Registered Acupuncturist  
202-2003 Luxstone Blvd.  
Airdrie, AB

**948-4800**

*Call for a free consultation*



**Gary Adamo  
and Tammy Forrest**

## THIS WEEK'S NEW LISTINGS



**SAGEWOOD**  
IMMACULATE 4 BR 2  
STOREY IS FULLY  
DEVELOPED AND FEATURE  
LOADED! LOCATED IN A  
LOW TRAFFIC AREA.  
**\$449,900**



**THORBURN**  
ELEGANCE REDEFINED!  
FORMER LAYNE SHOWHOME  
WOULD SATISFY THE MOST  
DISCERNING BUYER. OVER  
2300 SQFT DEV AREA.  
**\$559,900**



**EDGEWATER**  
TOTAL OF 5 BR'S IN THIS  
EDGEWATER BILEVEL WITH  
1055 SQFT ABOVE GRADE  
AREA PLUS PARTIAL LOWER  
DEVELOPMENT.  
**\$349,900**

## CHECK OUT OUR OTHER HOT LISTINGS



**THE FAIRWAYS**  
CAREFREE ADULT LIVING!  
SPECTACULAR TOWNHOUSE  
CONDO IN 19+ COMPLEX.  
FULLY DEVELOPED AND IS  
FEATURE LOADED!  
**\$364,900**



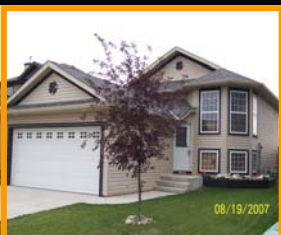
**THE CANALS**  
CALLING ALL FAMILIES!  
2270 SQFT PLUS FULL  
LOWER DEV, 5 BR'S, HUGE  
MBR, MAIN FLOOR  
DEN...LIST GOES ON!!!  
**\$499,900**



**THE FAIRWAYS**  
CUSTOM BUILT EXECUTIVE  
HOME, OPEN CONCEPT,  
HARDWOOD THROUGHOUT  
MOST OF MAIN LEVEL.  
A DEFINITE MUST SEE!  
**\$494,900**



**THE FAIRWAYS**  
ALMOST 3000 SF,  
2 STORY, 3 + 1 BDRM, DEV.  
BASEMENT, COUNTLESS  
UPGRADES THROUGH OUT!  
A MUST SEE!  
**\$499,900**



**LUXSTONE**  
IMMACULATE 1237 SF BI-  
LEVEL, 3 BDRM + DEN,  
MAPLE KITCHEN,  
LARGE LOT.  
QUICK POSSESSION!  
**\$364,900**



**THORBURN**  
2 STOREY, 3 BDRM, 2.5  
BATH, LRG. WINDOWS, F/P,  
MAIN FLR. LAUNDRY,  
SOUTH BACK YARD, 2  
TIERED DECK AND MORE!  
**\$409,900**



**LUXSTONE**  
2 STOREY WITH 3 BDRMS,  
MSTR ENSUITE, MAPLE  
KITCHEN, W/I PANTRY,  
LRG WINDOWS,  
SO MUCH MORE!  
**\$354,000**



**EDGEWATER**  
TOTALLY RENOVATED 4 BR  
BUNGALOW. GLEAMING  
HARDWOOD, NEW  
APPLIANCES, SOUTH BACK  
YARD, AND TONS MORE!  
**\$359,900**

**Gary Adamo & Tammy Forrest**

**www.anotherONEsold.com 912-SOLD (7653)**

Century 21 Castlewood Agencies (1997) Ltd.

**highland**  
AUTOMOTIVE

- PARTS & SERVICE
- LIGHT DIESEL REPAIR
- PERFORMANCE ACCESSORIES

TYLER DELORME  
[403] 948-4788

520 CENTRE AVENUE AIRDRIE, ALBERTA T4B 1P8

*"What lies  
in our power  
to do,  
it lies in  
our power  
not to do."*

- Aristotle

**WHAT DO WE DO?**

- ★ Kid's Theme Rooms
- ★ Interior Painting & Decorating
- ★ **Colour Consulting & Window Coverings**
- ★ HOME STAGING & RENOVATING

**McMillan Interiors Inc.**  
945-1736 mcmillaninteriors@shaw.ca

**Tanglefoot** A Tribute to Down East Music  
www.tanglefootmusic.com with Randy Jones and the Reflections  
Wed., Oct. 10 at 7:30pm Wed., Oct. 17 at 7:30pm

The Bert Church Live Theatre  
948-2153 1010 East Lake Blvd., Airdrie, AB  
Email: bert.church@airdrie.ca www.thebertchurchtheatre.com

## Virtue of the Week

### Self-Discipline

Self-discipline means self-control. It is doing what you really want to do rather than being tossed around by your feelings like a leaf in the wind. You act instead of react. You get things done in an orderly and efficient way. With self-discipline you take charge of yourself.

**You are practicing self-discipline when you**

- Use detachment so your emotions won't control you.
  - Speak and act calmly when you are hurt or angry.
  - Create routines that bring peace and order to your day.
  - Practice moderation.
  - Do what is expected without anyone watching over you.
  - Do things on time.

#### **Affirmation**

I have self-discipline. I use my time well and get things done. I choose my actions with detachment.

© 2002 Virtues Project International Inc  
www.virtuesproject.com

**Happy  
Thanksgiving!**

 everything treehouse

- award winning toys
- costumes
- puppets
- games
- puzzles
- bath toys
- childrens decor

Inspired ...  
Bring the experience home

Melissa and Doug • Djeco • Alex • Creative Education • GelGems • Blue Bear Aware

 the urban treehouse PLAYCENTRES

102, 960 yankee valley blvd se, airdrie, ab  
www.theurbantreehouse.com  
403.945.0676

**S & S  
WoodKraft**

**CUSTOM CABINETRY**  
BARS, BUILT-INS, KITCHENS, ISLANDS,  
ENTERTAINMENT CENTRES, ETC.  
*Locally Owned & Operated*

819-0299 Brad Stewart  
sswoodkraft@telus.net Journeyman Cabinetmaker